


# Wellspring Assisted Living April 2019 Life Enrichment Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<p><b>1 Name Tag Day</b></p> <p>10:00 Chair Fitness– LA 10:30 Senses Discussion 1:15 Music Therapy w/ Corey– LA 2:30 Bingo</p>	<p><b>2</b></p> <p>10:00 Ex. w/ bands 10:30 Table Talk <b>11:15 Lutheran Church Service</b> 2:30 Nails 3:30 Ukulele Classes <b>6:00 Music w/ Bob &amp; Andy</b></p>	<p><b>3</b></p> <p>10:00 Chair Fitness– LA 10:30 UNO Card Game 10:30 Blood Pressure Clinic– SA <b>1:00 Trip to Meijer</b> 1:00 Movie “Chocolat” <b>6:00 Music w/ Dan Hays</b></p>	<p><b>4</b></p> <p>10:00 Ex. w/ bands 10:30 11:30 Hot Dog Luncheon <b>1:00 Tigers Game Opener</b> <b>Wear Tiger’s Gear</b> 2:30 Music w/ Jeff W. 3:45 Nails <b>6:00 Music W/ Bob Barcalow</b></p>	<p><b>5 Wear Pink or Orange</b></p> <p>10:00 Chair Fitness– LA 10:30 Stuff Easter Eggs 12:45 Great States Trivia <b>2:30 Happy Hour w/ Sticks and Stone</b> 6:00 Bingo– LA</p>	<p><b>6</b></p> <p>10:00 Chair Fitness– LA 10:30 <b>Crafty Senior’s</b> 12:45 Stuff Easter Eggs 2:30 Bingo– LA</p>
<p><b>7</b></p> <p>9:00 Peace Lutheran Service– LA 10:45 Catholic Service– C 2:00 Old Town Outreach– C</p>	<p><b>8 Name Tag Day</b></p> <p>10:00 Chair Fitness– LA 10:30 Senses Discussion 1:15 Music Therapy w/ Corey– LA 2:30 Bingo</p>	<p><b>9</b></p> <p>10:00 Ex. w/ bands <b>10:30 Sullivan’s Outing</b> 1:30 Art Class W/ Merry 2:30 Nails 3:30 Ukulele Classes <b>6:00 Music w/ Bob &amp; Andy</b></p>	<p><b>10</b></p> <p>10:00 Chair Fitness– LA 10:30 UNO Card Game 10:30 Blood Pressure Clinic– SA <b>1:00 Trip to Walmart</b> 1:00 Movie “Field of Dreams” <b>6:00 Music w/ Ryan Cooper</b></p>	<p><b>11</b></p> <p>10:00 Ex. w/ bands 10:30 Laura Walker: preventing falls 1:00 LCR dice game <b>2:30 Music w/ David Britton</b> 3:45 Nails <b>6:00 Music W/ Danna Garno</b></p>	<p><b>12 Wear Purple/ Lavender</b></p> <p>10:00 Chair Fitness– LA 10:30 Great States Trivia <b>1:15 Ageless Grace</b> <b>2:30 Happy Hour w/ Sunshine String Band</b> 6:00 Bingo– LA</p>	<p><b>13</b></p> <p>10:00 Chair Fitness– LA <b>11:00 Easter Egg Hunt- MS</b> 2:30 Bingo– LA</p>
<p><b>14</b></p> <p>9:00 Peace Lutheran Service– LA 10:45 Catholic Service– C 2:00 Old Town Outreach– C</p>	<p><b>15 Name Tag Day</b></p> <p>10:00 Chair Fitness– LA 10:30 Senses Discussion 1:15 Music Therapy w/ Corey– LA 2:30 Bingo</p>	<p><b>16</b></p> <p>10:00 Ex. w/ bands 10:30 Orchid Discussion <b>11:15 Lutheran Church Service</b> 12:45 Let’s Speak Spanish 2:30 Nails 3:30 Ukulele Classes <b>6:00 Music w/ Bob &amp; Andy</b></p>	<p><b>17</b></p> <p>10:00 Chair Fitness– LA 10:30 UNO Card Game 10:30 Blood Pressure Clinic– SA <b>1:00 Trip to Meijer</b> 1:00 Movie “Easter Parade” <b>6:00 Music w/ Pam Spencer</b></p>	<p><b>18</b></p> <p>10:00 Ex. w/ bands 10:30 Shut Box Game 1:00 LCR dice game <b>2:30 Music w/ Harmony on Tap</b> 3:45 Nails</p>	<p><b>19 Wear Yellow</b></p> <p>10:00 Chair Fitness– LA 10:30 Great States Trivia <b>1:15 Chair Yoga W/ Sue</b> <b>2:30 Happy Hour w/ John &amp; Andy</b> 6:00 Bingo– LA</p>	<p><b>20</b></p> <p>10:00 Chair Fitness– LA 10:30 <b>Crafty Senior’s</b> 12:45 Walking Group 2:30 Bingo– LA</p>
<p><b>21</b></p> <p>9:00 Peace Lutheran Service– LA 10:45 Catholic Service– C 2:00 Old Town Outreach– C</p>	<p><b>22 Name Tag Day</b></p> <p>10:00 Chair Fitness– LA 10:30 Senses Discussion 1:15 Music Therapy w/ Corey– LA 2:30 Bingo</p>	<p><b>23</b></p> <p>10:00 Ex. w/ bands 10:30 Bieri Hearing <b>11:15 Lutheran Church Service</b> 12:45 Nails <b>2:30 Music W/ Linda Lee</b> 3:30 Ukulele Classes <b>6:00 Music w/ Bob &amp; Andy</b></p>	<p><b>24</b></p> <p>10:00 Chair Fitness– LA 10:30 UNO Card Game 10:30 Blood Pressure Clinic– SA <b>1:00 Trip to Walmart</b> 1:00 Movie <b>6:00 Music w/</b></p>	<p><b>25</b></p> <p>10:00 Ex. w/ bands 10:30 Shut Box Game 1:00 Music w/ Leo &amp; Merry <b>2:00 Peace Students Here</b> 3:45 Nails</p>	<p><b>26 Wear Superhero Gear</b></p> <p>10:00 Chair Fitness– LA 10:30 Great States Trivia <b>1:00 Super Hero Discussion</b> <b>2:30 Happy Hour w/ Michele Spitz</b> 6:00 Bingo– LA</p>	<p><b>27</b></p> <p>10:00 Chair Fitness– LA 10:30 Music W/ Wendy 12:45 Walking Group 2:30 Bingo– LA</p>
<p><b>28</b></p> <p>9:00 Peace Lutheran Service– LA 10:45 Catholic Service– C 2:00 Old Town Outreach– C</p>	<p><b>29 Name Tag Day</b></p> <p>10:00 Chair Fitness– LA 10:30 Senses Discussion 1:15 Music Therapy w/ Corey– LA 2:30 Bingo</p>	<p><b>30</b></p> <p>10:00 Ex. w/ bands 10:30 Dice Bowling <b>11:15 Lutheran Church Service</b> <b>1:00 Brian Bachman: Meteorologist</b> 2:30 Nails 3:30 Ukulele Classes <b>6:00 Music w/ Bob &amp; Andy</b></p>				