



Wellspring Independent Living April 2019 Life Enrichment Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
 Tiger Baseball  Join us on Thursday, April 4th, at 1pm for the Tiger Opener. Wear your Tiger Gear & watch the game in the LEC on the big screen!	1 April Fool's Day 10:00 Exercise LEC 10:30 Coffee Trivia LEC 10:30 April Fools Crossword LEC 1:00 Dominoes RR 1:00 Walmart Trip RSVP	2 10:00 Exercise w/ bands LEC 10:30 Good Shepherd Rm 12 11:00 LCR Dice Game RR 12:30 Ukulele Lessons w/ Jen Rm 12 1:30 Movie - Field Of Dreams LEC 6:00 Euchre RR 	3 National Walk Day  10:00 Exercise LEC 10:30 Bible Study - Pastor Jim Rm 12 10:45 Fill Easter Eggs (For Egg Hunt) 12:30 Euchre RR LEC 1:00 Walk & Talk with a Friend 2:00 Music - Sunshine String Band 7:00 Bingo LEC LEC	4 Detroit Tiger's Day  10:00 Exercise w/bands LEC 10:45 Yoga For Wellness Art St. 1:00 Tiger Baseball LEC (Game w/ Hot dog Lunch) 2:00 Music w/ Michele Spitz RR 6:30 Bridge RR	5 10:00 Exercise LEC 10:45 Ageless Grace Art St. 1:30 April Word Search LEC 2:00 Happy Hour w/ Leo & Merry 6:00 Euchre RR	6 10:00 Exercise 10:30 Fill Easter Eggs LEC (For Egg Hunt)  1:00 Bingo LEC
7 9:00 Peace Lutheran Rm 12 10:45 Catholic Service LEC 12-2 Sunday Brunch 3:00 Non Denominational Service 4:15 Bingo LEC	8 Basket Ball Championship 10:00 Exercise LEC 10:30 Coffee Trivia LEC 11:15 Ageless Grace Art St. 1:00 Dominoes RR 2:15 Basketball Crossword LEC 2:30 Fill Easter Eggs (For Egg Hunt) LEC 	9 10:00 Exercise w/bands LEC 10:30 Lunch Outing- Sullivan's 12:30 Ukulele Lessons w/ Jen Rm 12 2:30 Card Bingo RR 6:00 Euchre RR 6:30 Music w/ Henrik-Violinist LEC	10 9:30 Meijer Trip RSVP 10:30 Healthy Living w/ Amy LEC 11:00 Fun w/Tech. w/ Leo RSVP 11:15 Art Class w/Merry LEC 12:30 Euchre RR 1:00 Exercise LEC 7:00 Bingo LEC	11 10:00 Exercise w/bands LEC 10:45 Yoga For Wellness Art St. 1:00 Fall Prevention w/ Laura LEC 2:30 Giant Crossword RR 6:30 Bridge RR	12 10:00 Exercise LEC 10:45 Ageless Grace Art St. 1:30 Spring Word Search LEC 2:00 Happy Hour w/ Dan Hays LEC 6:00 Euchre RR	13  10:00 Exercise 11:00 Campus Easter Egg Hunt (At Memory Support) 1:00 Bingo LEC 7:00 Fireside Chat Great Rm
14 Palm Sunday  9:00 Peace Lutheran Rm 12 10:45 Catholic Service LEC 12-3:30 Easter Brunch 3:00 Non Denominational Service 4:15 Bingo LEC	15 10:00 Exercise LEC 10:30 Coffee Trivia LEC 10:30 Book Club w/ Kristine LEC 1:00 Dominoes RR	16 10:00 Exercise LEC 10:30 Good Shepherd Rm 12 11:00 Kings In the Corner RR 1:30 Movie-Sully LEC 6:00 Euchre RR	17 Name Tag Day 9:30 Walmart Trip RSVP 10:00 Exercise LEC 10:30 Bible Study w/ Pastor Jim Rm 11:15 Ageless Grace Art St. 12:30 Euchre RR 1:00 Reader's Theatre Rm 12 2:00 Birthday Celebration - Sticks & Stone 7:00 Bingo LEC LEC	18 10:00 Exercise w/ bands LEC 10:45 Yoga For Wellness Art St. 11:30 Ukulele Lessons w/ Jen Rm 12 1:30 Music -Two Against The Moon 6:30 Bridge RR LEC	19 Good Friday  9-11 Massage w/Ann Rm 6 10:00 Exercise 10:45 Catholic Mass LEC 1:30 Massage w/Ann Rm 6 1:30 Egg-spression puzzle LEC 2:00 Piano Music w/ Jason M. LEC 6:00 Euchre RR	20 10:00 Exercise 10:30 Easter Word Search LEC 11:00 Wii Bowling RR 1:00 Bingo LEC
21 Easter  9:00 Peace Lutheran Rm 12 10:45 Catholic Service LEC 12-2 Sunday Brunch 3:00 Non Denominational Service	22 Earth /Wear Green Day  10:00 Exercise LEC 10:30 Coffee Trivia LEC 10:30 Earth Day Crossword LEC 12:00 Cinema & Suds for Men w/ lunch-RSVP 1:00 Dominoes RR	23 10:00 Exercise w/ bands LEC 10:45 Ageless Grace Art St. 11:15 Bieri Hearing RR 12:30 Ukulele Lessons w/ Jen Rm 12 2:30 Card Bingo RR 6:00 Euchre RR 6:30 Music w/ John & Andy LEC	24 9:30 Meijer Trip RSVP 10:00 Exercise LEC 11:00 Fun w/Tech. w/ Leo RSVP 11:15 Art Class w/ Merry LEC 2:00 Music-Butch & Kindra LEC 7:00 Bingo LEC	25 10:00 Exercise w/bands LEC 10:45 Yoga For Wellness Art St. 11:30 Learn Pegs & Jokers (game)RR 2:30 Giant Crossword RR 6:30 Bridge RR	26 Pretzel Day 10:00 Exercise 10:30 Outreach Craft w/Marty LEC 2:00 Happy Hour w/ David B. (Serving pretzels w/cheese) 6:00 Euchre RR	27 10:00 Card Stamping w/ Becky 1:00 Bingo LEC LEC 2:15 Wii Bowling Rm 12 7:00 Fireside Chat Great Rm
28 9:00 Peace Lutheran Rm 12 10:45 Catholic Service LEC 12-2 Sunday Brunch 3:00 Non Denominational Service 4:15 Bingo LEC	29 10:00 Exercise LEC 10:30 Coffee Trivia LEC 11:15 Ageless Grace Art St. 1:00 Dominoes RR	30 Name Tag Day 10:00 Exercise w/bands LEC 11:00 Bryan Bachman Weather LEC 12:30 Ukulele Lessons w/ Jen Rm 12 2:00 Newcomers Coffee LEC 6:00 Euchre RR 	Violin Virtuoso Henrik Karapetyan Join us on Tuesday, April 9th at 6:30 in the Life Enrichment Center. 	Fall Prevention Presentation On Thursday, April 11th, Laura Walker, Injury Prevention Specialist from Covenant Healthcare will present her program on Fall Prevention. Join us at 1:00, in the LEC.	Meet WNEM Meteorologist Bryan Bachman, is back to discuss the weather. He will do a power point presentation on Tuesday, April 30th, at 11 am in the LEC. 	Cinema & Suds For Men On Monday, April 22 at 12pm. Watch on the big screen The Sons of Katie Elder starring John Wayne. Serving Reuben sandwiches, chips & soft drinks. RSVP to Sue.